

Overall	Name	Time	Club	Club 10s points
	1 Craig Steele	00:47:06	Lakes RC	
	2 Dave Huck	00:49:32	Lakes RC	
	3 George Wharton (J)	00:50:16	Kent Valley RC	20
	4 Kieran Lacey	00:50:19	Lakes RC	
	5 Darren Brackwell	00:51:13	Lakes RC	
	6 Kyle Lewis (J)	00:51:24	Saltayre Cogset	
	7 Chris Anderson	00:51:42	Lakes RC	
	8 Paul Mashiter	00:51:45	Lakes RC	
	9 Richard Helm	00:51:59	Lakes RC	
	10 Andy Gunson	00:52:03	Lakes RC	
	11 Duncan Orme	00:52:40	Kent Valley RC	19
12=	John Brannon	00:53:14	BCW	
12=	Graham Carrick	00:53:14	Lakes RC	
	14 Chris Gunson (J)	00:53:16	Lakes RC	
	15 Phil Shaw	00:53:37	Kent Valley RC	18
	16 Simon Lester	00:54:26	Springfield Financial RT	
	17 Oliver Mashiter (J)	00:54:35	Furness Flyers	
	18 Martyn Uttley	00:54:51	Lakes RC	
	19 Glenn Rhodes	00:54:56	BCW	
	20 Thomas Brook	00:55:06	Lancaster CC	
	21 John Lever	00:55:34	Lakes RC	
	22 George Ball (J)	00:56:21	Furness Flyers	
	23 Eamonn Quinn	00:56:36	Lakes RC	
	24 John Roberts	00:57:25	Kent Valley RC	17
	25 Amanda Howard (L)	00:57:26	Kent Valley RC	16
	26 Neil Hercberg	00:58:02	VC Cumbria	
	27 Michael Fry	00:58:03	Kent Valley RC	15
	28 Nigel Hooker	00:58:53	Kent Valley RC	14
	29 Richard Bryan	00:59:16	Kent Valley RC	13
	30 Joe Husband	00:59:28	BCW	
	31 Peter Abernethy	01:00:00	Kendal CC	
	32 Ross Husband	01:00:06	BCW	
	33 Derek Leggett	01:00:11	Lakes RC	
	34 Ian McKenzie	01:01:19	Lakes RC	
	35 Tony Johnston	01:01:43	BCW	
	36 Andrew Tanner	01:01:49	Kent Valley RC	12
	37 Chris Bugler	01:02:22	Lakes RC	
	38 Pat Hercberg (L)	01:04:05	BCW	
	39 Adrian Leigh	01:04:45	Kent Valley RC	11
	40 Pete Metcalfe	DNF	BCW	